

**Describe Complaints:** *Please be specific*

Head & Neck: \_\_\_\_\_

Mid-Back / Shoulders / Arms & Hands: \_\_\_\_\_

Low Back / Hips / Legs & Feet: \_\_\_\_\_

Other: \_\_\_\_\_

**APPROXIMATE DATE PAIN OR SYMPTOMS BEGAN** \_\_\_\_\_

**WHAT WERE YOU DOING AT THE TIME?** \_\_\_\_\_

**CHECK PROPER SPACE**

Symptoms:  came on suddenly  came on gradually  come and go

Symptoms have persisted for:  hours  days  weeks  months  years

Symptoms are better in: \_\_\_\_\_ A.M. \_\_\_\_\_ MIDDAY \_\_\_\_\_ P.M.

Symptoms are worse in: \_\_\_\_\_ A.M. \_\_\_\_\_ MIDDAY \_\_\_\_\_ P.M.

\_\_\_\_\_ Symptoms do not change with time of day

**WHAT ACTIVITIES MAKE CONDITION WORSE?** \_\_\_\_\_

**WHAT ACTIVITIES MAKE CONDITION BETTER?** \_\_\_\_\_

**OTHER DOCTORS SEEN FOR THIS CONDITION**

**1<sup>ST</sup> DOCTOR/HOSPITAL SEEN WAS:** \_\_\_\_\_  MD  DC

Date of first visit \_\_\_\_\_

Were you examined? Yes / No

Were x-rays taken? Yes / No

Date of last visit \_\_\_\_\_

**Were you given any treatment including medication?** yes / no

**If yes, what treatment was given to you?** \_\_\_\_\_

**What benefits did you receive from the treatment?** \_\_\_\_\_

**What other tests were performed?** \_\_\_\_\_

**HAVE YOU MISSED TIME FROM WORK?** YES / NO IF YES:

full time off from work \_\_\_\_\_ to \_\_\_\_\_  part time off work from \_\_\_\_\_ to \_\_\_\_\_

**Have you been treated by a physician for any other health condition in the last year?**  yes  no

**IF YES, PLEASE DESCRIBE:** \_\_\_\_\_

**WHAT SURGERIES HAVE YOU HAD?**

DATE

SURGERY

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_